

**SUMMER WEEK 2 LUNCH CHOICES****SUNDAY**

Scallops &amp; Bacon    Soup of the Day: Spinach &amp; Tortellini

Roast Strip Sirloin  
Shake & Bake Chicken with Gravy & Cranberry SauceWild Grain Rice                      Mushrooms & Onions  
Baked Potato & Sour Cream      4 Way Mixed Vegetables

Ice Cream Sundae                      Mud Bar

**MONDAY**

Waldorf Salad    or    Soup of the Day: Cream of Mushroom

Baked Salmon with Mango Salsa  
Country Fried SteakRosemary Red Potatoes              Broccoli  
Corn O'Brien                              Harvard Beets

Butterscotch Pudding                      Pear Almond Pastry Square

**TUESDAY**

Shrimp Cocktail                      Soup of the Day: Minestrone

Roast Pork Tenderloin with Caramelized Onions  
Grilled Chicken Caesar SaladMashed Potato                              Zucchini Squash  
Italian Bread                                Green Beans

Peaches                                      Chocolate Cream Pie

**WEDNESDAY**

Sliced Watermelon    Soup of the Day: Chicken &amp; Shells

All Beef Franks BBQ  
Angus Beef Burger BBQ: Cheese, Lettuce & TomatoPasta Salad                                      Grilled Eggplant  
Potato & Egg Salad                          Capri Blend Vegetables  
*Carrot, Zucchini, Squash, Green Beans*

Assorted Novelty Ice Cream Selection

**THURSDAY**Pigs in a Blanket    Soup of the Day:  
Chilled Melon Soup with Whipped CreamNew England Corn Beef Dinner  
Baked Herb Chicken Thighs with Gravy & Cranberry SauceTurnip    Cabbage  
Boiled Potato                                    Carrots

Bread Pudding                                  Spice Cake

**FRIDAY**

Red Bean &amp; Feta Salad                      Soup of the Day: Tomato

Baked Haddock with Lobster Sauce  
Cheese OR Hamburger & Onion PizzaRice Pilaf    Roast Brussel Sprouts  
Mashed Potato                                    Snap Peas & Red Pepper

Cranberry Crisp                                  Congo Bar

**SATURDAY**Fresh Fruit & Cottage Cheese Plate  
Soup of the Day: Fish ChowderRoast Top Round Au Jus  
Fried Haddock Sandwich with Tartar SaucePesto Pasta Salad                              Zucchini & Tomato  
Peas    Spinach

Raspberry Jell-O                                  Boston Cream Pie

\*\*All desserts have a Sugar-Free option &  
all Ice Cream has Lactose-Free option**SUMMER WEEK 2 SUPPER CHOICES****SUNDAY**

Petite Tossed Salad    Soup of the Day: Spinach &amp; Tortellini

Baked Eggplant Parmesan  
Turkey Noodle CasseroleDinner Rolls                                      Roasted Vegetables  
Bow Tie Pasta Marinara                      Fresh Green Beans in Garlic Oil

Orange Jell-O                                      Blueberry Cake

**MONDAY**

4 Bean Salad or    Soup of the Day: Cream of Mushroom

Chef Salad: Turkey, Ham, Swiss & Egg  
Spaghetti & MeatballsGarlic Bread                                      Spinach  
Macaroni Salad                                  California Blend Vegetables  
*Broccoli, Carrot, Cauliflower*

Lime Whip    Macaroons

**TUESDAY**

Feta Spinach Orange Olive Salad    Soup of the Day: Minestrone

Beef Stroganoff over Noodles  
Ham Salad on a Roll with Pickles & Chips  
*Baked low fat & Salt-Free chips available*Buttered Noodles                                  Apple Slaw  
Mashed Potato                                      Asparagus

Choice Ice Cream Cup                          Baker's Choice Dessert

**WEDNESDAY**

Crab Stuffed Mushrooms    Soup of the Day: Chicken &amp; Shells

Baked Chicken Wings: Bleu Cheese or Ranch Dip  
Stuffed Peppers with Tomato Sauce ToppingBaked Fries    Buttered Brussel Sprouts  
Baked Sweet Potato                              Onion Rings

Rice Pudding    Cream Cheese Brownie

**THURSDAY**Fresh Fruit Cup with Cottage Cheese  
Soup of the Day: Chilled Melon Soup with Whipped CreamGrilled Ham Steak with Pineapple Ring  
Baked Scallops with Crumb ToppingRice Pilaf    Broccoli  
Mashed Potato                                      Honey Dill Baby Carrots

Pineapple Tidbits                                  Apple Turnovers

**FRIDAY**Red Pepper Hummus & Pita Chips  
Soup of the Day: TomatoVegetable Quiche  
Marinated & BBQ Grilled Chicken BreastSummer Squash with Basil                      Sweet Potato Fries  
Roasted Vegetables                              Croissant

Chocolate Pudding                                  Angel Cake with Strawberries

**SATURDAY**

Tossed Salad                                      Soup of the Day: Fish Chowder

Clam Cakes  
Beef StewFrench Fries    Cole Slaw  
Buttermilk Biscuit                              Sliced Carrots

Choice Ice Cream Cup                          Baker's Choice Cookies

\*\*All desserts have a Sugar-Free option &  
all Ice Cream has Lactose-Free option