

Menu applies: October 11th- 17th, November 8th- 14th, December 6th- 12th

FALL WEEK 3 LUNCH CHOICES

SUNDAY

Scallops & Bacon Soup of the Day: Tomato
 Baked Ham with Pineapple Sauce (or Plain)
 Chicken Leg Marengo
 Butternut Squash Broccoli
 Baked Potato Creamed Pearl Onions
 Ice Cream Sundae Chocolate Cream Pie

MONDAY

Stuffed Mushrooms Soup of the Day: Minestrone
 Haddock with Dill Sauce (or Plain)
 Grilled Steak Medallions
 Mashed Potato Baby Carrots
 Apple Stuffing Zucchini in Garlic Oil
 Maple Walnut Cake Orange Jell-O

TUESDAY

Fresh Fruit cup Soup of the Day: Chicken Noodle
 Turkey Meatloaf with Gravy
 Lobster Macaroni & Cheese Or Plain
 Peas Roasted Mixed Vegetables
 Mashed Potato Stewed Tomatoes
 Chocolate Chip Cookies Vanilla Pudding

WEDNESDAY

Red Bean Salad with Feta & Peppers
 Soup of the Day: Lentil
 Chicken Alfredo
 Chef's Special
 Penne Pasta with Alfredo or Butter
 Chef's Choice Fresh Broccoli
 Chef's Choice
 Pineapple Upside Down Cake Vanilla Custard

THURSDAY

Petite Chef Salad Soup of the Day: Clam Chowder
 Spaghetti & Meatballs
 Corned Beef Dinner
 Garlic Bread Carrots
 Boiled Potato Cabbage
 Apple Squares Chocolate Pudding

FRIDAY

Crackers & Cheddar Pub Cheese
 Soup of the Day: Beef Barley
 Cheese Or Mushroom & Onion Pizza
 Baked Shrimp with Crumb Topping
 Rice Pilaf Fresh Brussel Sprouts
 Corn O'Brien Harvard Beets
 Choice Ice Cream Cups Pumpkin Pie

SATURDAY

Petite Caesar Salad Soup of the Day: Veggie Chili
 American Chop Suey
 Grilled Chicken Sausage
 Garlic Bread French Cut Green Beans
 Egg Noodles Cauliflower
 Pear Pastry Square Pineapple Tidbits

**All desserts have a Sugar-Free option & all Ice Cream has Lactose-Free option

FALL WEEK 3 SUPPER CHOICES

SUNDAY

Cottage Cheese Soup of the Day: Tomato
 Beef Stew
 Baked French Toast Casserole with Fruit Sauce
 Green Beans Hash Brown Patty
 Asparagus Cheddar Herb Biscuit
 Ambrosia Ginger Cookies

MONDAY

Mediterranean Chickpea Salad
 Soup of the Day: Minestrone
 Hamburger/Cheeseburger or Veggie Burger
 Tuna Salad Stuffed Tomatoes
 Steak Fries Broccoli Slaw
 Potato Salad Wax Beans
 Peaches Baker's Choice Dessert

TUESDAY

Crackers & Cheese Soup of the Day: Chicken Noodle
 BBQ Pork Medallion
 Baked Herbed Chicken Thigh with Gravy
 Sautéed Bok Choy Acorn Squash
 4 Way Mixed Vegetables Rice Pilaf
 Cranberry Crisp Angel Food Cake w/Strawberries

WEDNESDAY

Petite Mixed Green Salad Soup of the Day: Lentil
 Spinach Mushroom & Swiss Quiche
 Fried Haddock on Bun with Lettuce & Tomato
 Croissant Sliced Beets
 Home Fries Cole Slaw
 Choice Ice Cream Cup Crème Horn

THURSDAY

Petite Tossed Salad Soup of the Day: Clam Chowder
 Turkey A'la King over Toast Cups
 Seafood Salad Roll
 Spaghetti Squash Parslied Mashed Potatoes
 Carrot Raisin Salad Yams
 Pear Crisp Blueberry Turnover

FRIDAY

Spinach Artichoke Dip with Pita Chips
 Soup of the Day: Beef Barley
 Chicken Pot Pie
 Grilled Monte Cristo: *Turkey, Ham & Swiss on French Toast*
 Apple Slaw 3 Bean Salad
 Capri Blend Vegetables Waffle Fries
Carrot, Summer Squash, Zucchini, Green Beans
 Raspberry Jell-O Baker's Choice Cookies

SATURDAY

Fresh Fruit Cup Soup of the Day: Veggie Chili
 Liver & Onions
 Chicken Thighs w/ Rosemary Cream Sauce
 Kale Veg Blend Mashed Potato
 Spinach w/ Almonds Lima Beans
 Banana Cake Pistachio Pudding

**All desserts have a Sugar-Free option & all Ice Cream has Lactose-Free option