

Menu applies: October 13-19, November 10-16, December 8-14

FALL WEEK 4 LUNCH CHOICES

SUNDAY

Crab Cakes with Roasted Garlic Aioli
Soup of the Day: Chicken Rice

Chicken Cordon Bleu with White Cream Sauce
Beef Roast with Onion Gravy

Baked Sweet Potato
Red Skin Garlic Mashed Potato

Sautéed Mushrooms
Pearl Onions

Build Your Own Sundae
Cranberry Nut Bar

SUNDAY

Petite Tossed Salad
Soup of the Day: Chicken Rice

Shrimp Skewer with Mango Salsa
Turkey BLT

Wild Rice
Waffle Fries

Zucchini
Cucumber & Tomato Salad

Blueberry Pie

Cherry Jell-O

MONDAY

Red Bean Salad with Feta & Peppers
Soup of the Day: Harvest Vegetable

Marinated & Grilled Chicken Breast
Swedish Meatballs

Buttered Egg Noodles
Corn

Broccoli
Kale Veg Blend

Chocolate Cake
Raspberry Whip

MONDAY

Cracker & Gouda Cheese
Soup of the Day: Harvest Vegetable

Roast Pork Tenderloin with Caramelized Onions
Grilled Pastrami & Swiss on Marble Rye

Green Beans w/ Red Pepper
Cole Slaw

Sweet Potato Fries
Roasted Baby Red Potatoes

Apple Turnover

Pears

TUESDAY

Tomato, Basil, Mozzarella Salad
Soup of the Day: Cream of Broccoli

Shake & Bake Chicken with Gravy & Cranberry Sauce
Crab Roll

Roasted Potatoes
Peas & Onions

Diced Carrots
Spinach in Garlic Oil

Baker's Choice Dessert
Fruit Cocktail

Petite Cobb Salad
Soup of the Day: Cream of Broccoli
Egg, Bacon, Chicken, Avocado, Bleu Cheese

Southwestern Turkey Chili
Baked Scallops with Crumb Topping

Roasted Mixed Veggies
Asparagus

Rice Pilaf
Corn Bread Muffin

Oatmeal Cookies

Butterscotch Pudding

TUESDAY

WEDNESDAY

Asian Potstickers
Soup of the Day: Vegetable Beef

Teriyaki Steak Tips
Chef's Special

Brown Rice
Chef's Choice

Pea Pods & Water Chestnuts
Chef's Choice

Pecan Pie
Indian Pudding

Mediterranean Chickpea Salad
Soup of the Day: Vegetable Beef

Veal Parmesan
BBQ Chicken Legs

Zucchini
Sautéed Mushrooms

Penne Pasta w/Butter or Marinara
Dinner Roll

Choice Ice Cream Cup

Whoopie Pie

THURSDAY

Spanakopita
Soup of the Day: Corn Chowder

Roast Turkey with Gravy & Cranberry Sauce
Lobster Macaroni & Cheese Or Plain

Garlic Bread Sticks
Parslied Mashed Potato

Turnip & Parsnip
Broccoli

Mandarin Oranges
Macaroons

Petite Caesar Salad
Soup of the Day: Corn Chowder

Cheese Manicotti Marinara
Shepherd's Pie

Herbed Garlic Bread
Honey Glazed Carrots

Spinach
Wax Beans

Spice Cake

Bread Pudding

FRIDAY

Fresh Berries with Cottage Cheese
Soup of the Day: Tortellini & Spinach

Baked Haddock with Herbed Butter
Feta, Red Pepper & Pesto OR Hamburger & Onion Pizza

Wild Rice
Dinner Roll

Fresh Asparagus
San Francisco Blend
Broccoli, Yellow Carrots, Red Pepper, Green Beans

Choice Ice Cream Cup
Baker's Choice Cookies

Four Bean Salad
Soup of the Day: Tortellini & Spinach

BBQ Beef Ribs
Chicken Tender with Dipping Sauce

4 Way Mixed Vegetables
Cucumber Slaw

Succotash
Mashed Potato

Apple Crisp

Pineapple Pie

SATURDAY

Red Pepper Hummus & Pita Chips
Soup of the Day: Haddock Chowder

Grilled Red Hot Dogs on Bun with Sauerkraut
Tuna Melt on Multigrain

Brown Bread
Waffle Fries

Sliced Beets
Brussels Sprouts

Blueberry Shortcake
Tapioca Pudding

Petite Chef Salad
Soup of the Day: Haddock Chowder

Clam Cakes with Tartar Sauce
Chicken Stew

Apple Slaw
Summer Squash

French Fries
Cheddar Herb Biscuit

Blonde Brownie

Cherry Jell-O

**All desserts have a Sugar-Free option & all Ice Cream has Lactose-Free option

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FALL WEEK 4 SUPPER CHOICES