

**SPRING WEEK 4 LUNCH CHOICES**

**SPRING WEEK 4 SUPPER CHOICES**

**SUNDAY**

Shrimp Cocktail  
 Prime Rib Au Jus  
 Braised Balsamic Chicken  
 Brown Rice  
 Mashed Red Potato  
 Build Your Own Ice Cream Sundae

Soup of the Day: Split Pea & Ham

Roast Mushrooms  
 French Zucchini  
 Banana Cake

**SUNDAY**

Petite Mixed Green Salad  
 Beef Stew  
 Vegetable Omelet  
 Buttermilk Biscuit  
 Mashed Potato  
 Raspberry Jell-O

Soup of the Day: Split Pea & Ham

Fresh Broccoli  
 Roasted Brussel Sprouts  
 Pecan Pie

**MONDAY**

Mediterranean Chickpea Salad  
 Beer Battered Shrimp with Tartar Sauce  
 Spaghetti & Meatballs  
 Italian Bread  
 Tater Tots  
 Brownie

Soup of the Day: Corn Chowder

Fresh Asparagus  
 Fresh Green Beans  
 Lemon Whip

**MONDAY**

Carrot Raisin Salad  
 Grilled Pesto Chicken  
 Clam Cakes  
 Onion Rings  
 Cous Cous  
 Pear Almond Pastry Squares

Soup of the Day: Corn Chowder

Cauliflower with Red Pepper  
 Key Largo Vegetables  
*Green Beans, Carrots, Red Pepper*  
 Pineapple Tidbits

**TUESDAY**

Petite Cobb Salad  
 Maine Crabmeat Roll  
 Baked Chicken Thigh Paprika  
 Four Bean Salad  
 Mashed Potato  
 Baker's Choice Dessert

Soup of the Day: Italian Pasta & Chickpea

Lemon Poppy Seed Cole Slaw  
 Sliced Beets  
 Mandarin Orange

**TUESDAY**

Petite Caesar  
 Grilled Red Hot Dog with a Bun, Chopped Onion & Sauerkraut  
 Filet of Cod with Lemon  
 Waffle Fries  
 Rice Pilaf  
 Lemon Cookies

Soup of the Day: Italian Pasta & Chickpea

Summer Ratatouille  
 Fresh Spinach  
 Vanilla Pudding

**WEDNESDAY**

Spanakopita  
 Chef Special  
 Three Cheese Lasagna  
 Chef Choice  
 Butternut Squash  
 Pineapple Mousse Pie

Soup of the Day: Cream of Tomato

Chef Choice  
 Wax Beans  
 Rice Pudding

**WEDNESDAY**

Petite Chef Salad  
 Turkey Meatloaf & Gravy  
 Tuna Salad Wrap with Lettuce & Tomato  
 Mashed Sweet Potato  
 Peas  
 Ice Cream Cup

Soup of the Day: Cream of Tomato

*Pickles & Chips Available*  
 Fresh Asparagus  
 Marinated Cucumber & Tomato  
 Cream Horn

**THURSDAY**

Fresh Fruit Cup w/ Cottage Cheese  
 BBQ Grilled Chicken Thigh  
 Grilled Ham Steak with Pineapple Rings  
 Dinner Rolls  
 Baked Potato  
 Chocolate Almond Cookies

Soup of the Day: Chicken Rice

Fresh Summer Squash  
 Snap Peas  
 Apple Sauce

**THURSDAY**

Feta, Orange & Red Onion Spinach Salad  
 Hamburger, Cheeseburger or Veggie Burger  
 Fettucine Shrimp Alfredo  
 Sweet Potato Fries  
 Fettucine Alfredo  
 Gingerbread

Soup of the Day: Chicken Rice

Stewed Tomato  
 Sautéed Garlic Mushrooms  
 Grapenut Custard

**FRIDAY**

Crackers & Cheddar Cheese Pub Spread  
 Baked Haddock with Crumb Topping  
 Cheese Or Spinach, Feta & Red Pepper Pizza  
 Peas  
 Potato Salad  
 Ice Cream Cup

Soup of the Day: Clam Chowder

Cauliflower with Red Pepper  
 Capri Blend Vegetables  
*Carrot, Zucchini, Summer Squash, Green Beans*  
 Baker's Choice Cookies

**FRIDAY**

Petite Tossed Salad  
 Baked Rosemary Chicken Thigh  
 Crab Cakes with Roasted Red Pepper Aioli  
 Oven Brownd Paprika Potatoes  
 Potato Wedges  
 Strawberry Mousse Pie

Soup of the Day: Clam Chowder

Roasted Vegetables  
 Fresh Broccoli  
 Cranberry Crisp

**SATURDAY**

Vegetable Egg Roll  
 Chicken tenders with Sauce  
 Meatloaf with Gravy  
 Mashed Potato  
 Buttered Lima Beans  
 Peach Shortcake

Soup of the Day: Beef Barley

Carrots  
 Green Beans  
 Chocolate Pudding

**SATURDAY**

Cranberry, Walnut, Feta & Spinach Salad  
 Lobster Macaroni & Cheese or Plain Macaroni & Cheese  
 Grilled Pork Medallions w/ Applesauce  
 Roasted Baby Red Potatoes  
 Yams  
 Apple Squares

Soup of the Day: Beef Barley

Fresh Summer Squash  
 Red Kale  
 Lemon Jell-O

\*\*All desserts have a Sugar-Free option & all Ice Cream has Lactose-Free option

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SPRING MENU CYCLE WEEK 4: APRIL 18-APRIL 24, MAY 16 – MAY 22, JUNE 13 – JUNE 19