

SUMMER WEEK 1 LUNCH CHOICES

SUNDAY

Crab Cakes with Garlic Aioli
Soup of the Day: Cream of Cauliflower

Roast Turkey with Gravy & Cranberry Sauce
Prime Rib Au Jus

Bread Stuffing
Sweet Mashed Potato

Fresh Asparagus
Baby Carrots

Ice Cream Sundae
Almond Cookies

MONDAY

Red Pepper Hummus with Naan Bread
Soup of the Day: Vegetable

Chicken Thigh with Curry Sauce
Sweet & Sour Meatballs

Egg Noodles
Chickpeas & Tomato

Green Beans
Kale Slaw

Mandarin Oranges
Baker's Choice Dessert

TUESDAY

Spanakopita
Soup of the Day: Chicken Rice

Salisbury Steak with Gravy
Maine Shrimp Alfredo

Linguini Pasta with Alfredo Sauce
Bacon Garlic Mashed Potato

Snap Peas
Capri Blend Veggies
Zucchini, Squash, Carrot, Green Beans

Vanilla Custard
Brownies

WEDNESDAY

Seasonal Fresh Fruit with Cottage Cheese
Soup of the Day: Chilled Strawberry

Grilled Chicken Sausage with Peppers & Onions on a Bun
BBQ Baby Back Ribs

Corn on the Cobb
Red Bliss Potato Salad

Cauliflower
Summer Squash

Assorted Novelty Ice Cream Selection

THURSDAY

Red Bean Salad with Feta Cheese & Peppers
Soup of the Day: Beef Barley

Chicken Cordon Bleu with White Sauce
Steak Tip Caesar Salad

Peas
Mashed Potato

Broccoli
Honey Glazed Carrots

Cream Puff
Ambrosia

FRIDAY

Crackers & Cheese
Soup of the Day: Thai Coconut Vegetable

Baked Tilapia with Mango Salsa
Pepperoni OR Spinach, Red Pepper & Feta Pizza

Rice Pilaf
Baked Potato

Summer Ratatouille
California Blend Veggies
Broccoli, Carrots, Cauliflower

Peach Pie
Raspberry Jell-O w/ Fruit Cocktail

SATURDAY

Petite Caesar Salad
Soup of the Day: Vegetable Chili

Chicken Cacciatore
Beer Battered Shrimp with Tartar Sauce

Penne Pasta
Potato Pancakes

Zucchini
Cole Slaw

Apricot
Lemon Jelly Roll

**All desserts have a Sugar-Free option & all Ice Cream has Lactose-Free option

SUMMER WEEK 1 SUPPER CHOICES

SUNDAY

Spinach Mushroom Orange Salad
Soup of the Day: Cream of Cauliflower

Shrimp Jambalaya
Grilled Pork Tenderloin Medallions

White Rice
Baked Potato Wedges
Mushroom, Onion, Broccoli, Beans, Red Pepper

Broccoli
Japanese Blend Veg

Apple Pie
Chocolate Pudding

MONDAY

Petite Mixed Green Salad
Soup of the Day: Vegetable

Cottage Cheese & Fresh Fruit Plate
Roast Beef & Swiss Sub with Lettuce & Tomato
Pickle & Chips *Baked low fat & Salt-Free chips available*

Macaroni Salad
Croissant

Summer Squash
Carrot Raisin Salad

Strawberry Shortcake
Oatmeal Cookie

TUESDAY

Mediterranean Chickpea Salad
Soup of the Day: Chicken Rice

Shepherd's Pie
Vegetable Lasagna

Breadstick
Peas

Broccoli with Red Pepper
Sliced Carrots

Choice Ice Cream Cup
Blueberry Turnover

WEDNESDAY

Petite Cobb Salad
Soup of the Day: Chilled Strawberry

Haddock Tenders with Tartar Sauce
Liver & Onions

French Fries
Mashed Potato

Apple Slaw
Beets

Marble Cake with Chocolate Frosting
Pear Crisp

THURSDAY

Tomato Basil Mozzarella Salad
Soup of the Day: Beef Barley

Pork Roast Tenderloin with Gravy & Applesauce
Chicken Skewers with Veggies

Spanish Rice
Baked Potato Wedges

Wax Beans
Grilled Veggies

Blonde Brownie
Pistachio Pudding

FRIDAY

Petite Tossed Salad
Soup of the Day: Thai Coconut Vegetable

Grilled Chicken Breast
Pulled BBQ Beef Sandwich

Sweet Potato Fries
Buttered Noodles

Spinach Sautéed with Garlic Oil
Broccoli

Apple Sauce
Baker's Choice Cookies

SATURDAY

Sliced Watermelon
Soup of the Day: Vegetable Chili

Baked Macaroni & Cheese
Tuna Melt Sandwich

Stewed Tomato
Waffle Fries

Veggie Kale Blend
Cucumber & Tomato Salad

Choice Ice Cream Cup
Bismark

**All desserts have a Sugar-Free option & all Ice Cream has Lactose-Free option