

**SUMMER WEEK 4 LUNCH CHOICES****SUNDAY**

Shrimp Cocktail with Lemon  
 Soup of the Day: Split Pea & Ham

Grilled Steak Medallions  
 Baked Scallops with Crumb Topping

Butternut Squash                      Fresh Asparagus  
 Mashed Potato                      Spinach with Almonds

Ice Cream Sundae                      Apple Squares

**MONDAY**

Assorted Grapes    Soup of the Day:  
 Chilled Melon Soup with Whipped Cream

American Chop Suey  
 Bratwurst with Sauerkraut, Spicy Brown Mustard & Bun

Four Bean Salad                      Cucumber & Tomato Salad  
 Sweet Mashed Potatoes              Brussel Sprouts

Pumpkin Cake with Cream Cheese Frosting  
 Raspberry Whip

**TUESDAY**

Petite Spinach Caesar Salad  
 Soup of the Day: Beef Vegetable

Linguini with Clam Sauce  
 Turkey Feast Wrap: Turkey, Stuffing, Cranberry Mayo,  
 Lettuce & Tomato

Peas                      Spaghetti Squash  
 Bread Sticks              California Blend Veggies  
    *Broccoli, Cauliflower, Carrots*

Cherry Jell-O                      Baker's Choice Dessert

**WEDNESDAY**

Fresh Berries & Whipped Cream  
 Soup of the Day: Cream of Asparagus

Grilled BBQ Chicken Thigh  
 BBQ Grilled Italian Sausage Sub with Peppers & Onions

Pasta Salad                      Zucchini  
 Corn on Cobb                      Broccoli

Assorted Novelty Ice Cream Selection

**THURSDAY**

Spanakopita                      Soup of the Day: Chicken Noodle

Manicotti Marinara  
 Beef Stew

Garlic Bread                      Green Beans  
 Baked Potato & Sour Cream              Spinach

Pineapple Tidbits                      M&M Cookies

**FRIDAY**

Cucumber, Onion, Dill Salad              Soup of the Day: Gazpacho

Grilled Swordfish with Red Pepper Aioli  
 Cheese OR Pesto with Tomato & Feta Pizza

Roasted Rosemary Red Potatoes              Broccoli  
 Rice Pilaf                      Harvard Beets

Butterscotch Pudding                      Strawberry Shortcake

**SATURDAY**

Fresh Fruit Cup with Cottage Cheese  
 Soup of the Day: Tomato

Chicken Tenders with Dipping Sauce  
 Panko Crusted Salmon with Mango Salsa

Wild Rice                      Bok Choy  
 Au Gratin Potato                      Key Largo Blend Vegetables  
    *Broccoli, Yellow Carrot, Green Beans, Red Pepper*

Cherry Crumble                      Whoopie Pie

\*\*All desserts have a Sugar-Free option &  
 all Ice Cream has Lactose-Free option

**SUMMER WEEK 4 SUPPER CHOICES****SUNDAY**

Petite Tossed Salad              Soup of the Day: Split Pea & Ham

Cranberry Walnut Chicken Salad on a Croissant  
 Pesto Vegetable Primavera  
*Tossed with Penne Pasta & Fresh Steamed Vegetables*

Pesto Penne Pasta                      Sauteed Radishes  
 Honey Glazed Carrots                      Onion Rings

Pistachio Pudding                      Blueberry Pie

**MONDAY**

Petite Chef Salad: *Swiss, Ham, Turkey, Egg & Tomato*  
 Soup of the Day: Chilled Melon Soup with Whipped Cream

Shepherd's Pie  
 Seafood Salad Roll with Pickles & Chips  
*Baked low fat & Salt-Free chips available*

Dinner Rolls                      Green Beans  
 Waffle Fries                      Summer Squash

Peaches                      Pear-Almond Pastry Squares

**TUESDAY**

Tossed Salad                      Soup of the Day: Beef Vegetable

Baked Macaroni & Cheese  
 Chicken Pot Pie

Mashed Potato                      Stewed Tomato  
 Corn O'Brien                      Roasted Fresh Veggies  
    *Red Onion, Mushroom, Green Pepper*

Ice Cream Cup                      Oatmeal Cookies

**WEDNESDAY**

Mediterrian Chickpea Salad  
 Soup of the Day: Cream of Asparagus

Crabmeat Roll  
 Baked Ham with Pineapple Sauce

Herbed Mashed Potato                      Baby Carrots  
 Peas & Onions                      Wax Beans

Rice Pudding                      Key Lime Pie

**THURSDAY**

Petite Cobb Salad: *Egg, Bacon, Chicken, Avocado*  
 Soup of the Day: Chicken Noodle

Turkey Meatloaf with Gravy  
 Ham & Cheese Italian Sub with Pickles & Chips  
*Baked low fat & Salt-Free chips available*

Sweet Potato Fries                      Summer Squash  
 Mashed Potato                      Watermelon Feta Mint Salad

Grape-Nut Custard                      Boston Cream Pie

**FRIDAY**

Spinach Orange Mushroom Salad              Soup of the Day: Gazpacho

Beef & Bean Burritos with Salsa & Sour Cream  
 Grilled Tuna Sandwich with Tomato & Swiss on Marble Rye  
*Baked low fat & Salt-Free chips available*

Spanish Rice                      Carrots  
 Peas                      Cauliflower

Orange Jell-O                      Baker's Choice Cookies

**SATURDAY**

Petite Mixed Green Salad              Soup of the Day: Tomato

Sloppy Joe  
 Chicken Florentine

Orzo Pasta                      Sautéed Mushrooms  
 Granny Apple Slaw                      Sugar Snap Peas

Choice Ice Cream Cup                      Blueberry Bar

\*\*All desserts have a Sugar-Free option &  
 all Ice Cream has Lactose-Free option