

Menu applies: SEPTEMBER 26TH-OCTOBER 2ND, OCTOBER 24TH- OCTOBER 30TH, NOVEMBER 21ST – NOVEMBER 27TH

FALL WEEK 1 LUNCH CHOICES

SUNDAY

Chilled Shrimp Cocktail
Soup of the Day: Potato Leek

Yankee Pot Roast with Pea & Carrot Gravy
Fried Chicken

Biscuit
Red Beans & Rice

Spinach
Creamed Pearl Onions

Build Your Own Sundae
M&M Cookies

FALL WEEK 1 SUPPER CHOICES

SUNDAY

Spinach Mushroom Orange Salad
Soup of the Day: Potato Leek

Beef Stuffed Bell Peppers
Tuna Steak with Mustard Dill Sauce

Sweet Potato Fries
Brown Rice

Tomato & Cucumber Salad
Green Beans

Apple Pie
Vanilla Pudding

MONDAY

Petite Tossed Salad
Soup of the Day: Thai Vegetable

Meatloaf & Gravy
Chicken Cordon Bleu

Oven Browned Potatoes
Peas

Baby Carrots
Roasted Mushroom
Pepper & Onion

Baker's Choice Dessert
Pineapple Tidbits

MONDAY

Crackers & Cheese
Soup of the Day: Thai Vegetable

BBQ (or Plain) Chicken Thigh
Fish & Chips

Spinach
Snap Peas

French Fries
Buttered Corn

Carrot Cake
Orange Jell-O

TUESDAY

Cottage Cheese
Soup of the Day: Cream of Broccoli

Baked Cod with Lemon Wedge
Salisbury Steak

Mashed Sweet Potato
Wild Rice

Cauliflower
Wax Beans w/ Red Pepper

Vanilla Custard
Brownies

TUESDAY

Petite Cobb Salad
Soup of the Day: Cream of Broccoli

Baked Macaroni & Cheese
Grilled Ham Steak with Pineapple Ring

Stewed Tomatoes
Sautéed Radishes

Mashed Turnip
Butternut Squash

Blueberry Turnover
Pears

WEDNESDAY

Guacamole & Naan
Soup of the Day: Veggie Chili

Cheese Enchiladas
Chef's Special

Spanish Rice
Chef's Choice

Vegetable Ratatouille
Chef's Choice

Strawberry Shortcake
Ambrosia

WEDNESDAY

Carrot & Raisin Salad
Soup of the Day: Veggie Chili

Vegetable Lasagna
Shake & Bake Chicken w/Gravy & Cranberry Sauce

Asparagus
Capri Blend Vegetables
Carrot, Zucchini, Summer Squash, Green Beans

Bread Stick
Stuffing

Choice Ice Cream Cup
Pumpkin Nut Cookies

THURSDAY

Fresh Fruit Cup
Soup of the Day: Harvest Vegetable

Corned Beef Dinner
Roast Pork Tenderloin

Turnip
Boiled Potato

Cabbage
Carrots

Crème Horn
Cranberry Crisp

THURSDAY

Petite Tossed Salad
Soup of the Day: Harvest Vegetable

Seafood Alfredo
Smothered Beef Tips

Brussel Sprouts
Broccoli

Penne Pasta Butter or Alfredo
Garlic Bread

Banana Chocolate Chip Bars
Pistachio Pudding

FRIDAY

Crackers & Cheese
Soup of the Day: Italian Pasta & Chickpea

Grilled Salmon with Mango Salsa
Pepperoni Or Cheese Pizza

Tater Tots
Brown Rice

Zucchini
Beets

Choice Ice Cream Cup
Maple Walnut Cake

FRIDAY

Kale Slaw
Soup of the Day: Italian Pasta & Chickpea

Spinach, Broccoli, Swiss Quiche
Chicken Stew

Green Beans
Cauliflower w/Red Pepper

Hash Brown Patty
Cheddar & Herb Biscuit

Baker's Choice Cookies
Apple Sauce

SATURDAY

Petite Chef Salad
Soup of the Day: Corn Chowder

Franks & Beans with Red Relish
Roast Turkey with Gravy with Cranberry Sauce

Baked Beans
Mashed Sweet Potato

Cole Slaw
Roasted Carrots

Cherry Pie
Chocolate Pudding

SATURDAY

Petite Caesar Salad
Soup of the Day: Corn Chowder

Chicken Nuggets with Dipping Sauce
Spaghetti & Meatballs

Spaghetti Squash
Broccoli

French Fries
Dinner Roll

Lemon Jell-O
Raspberry Bismarck

**All desserts have a Sugar-Free option & all Ice Cream has Lactose-Free option

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