Menu Applies: OCTOBER 2ND – OCTOBER 9TH, OCTOBER 31ST – NOVEMBER 6TH, NOVEMBER 28TH – DECEMBER 4TH

FALL WEEK 2 LUNCH CHOICES

SUNDAY

Fresh Fruit Cup Soup of the Day: Minestrone

Baked Salmon with Piccata Sauce
Grilled Steak Medallions

Wild Rice Beets
Butternut Squash Parsnips

Build Your Own Ice Cream Sundae
Peanut Butter Cookies

MONDAY

Pigs in a Blanket Soup of the Day: Split Pea

Ham Roast with Orange Glaze (or Plain)
Chicken, Cranberry, Walnut Salad Sandwich on a Croissant

Buttered Egg Noodles Spinach
Mashed Potatoes Capri Blend Veggies
Carrot, Zucchini,Summer Squash, Green Beans

Crème Puff Strawberry Whip

TUESDAY

Red Pepper Hummus with Naan Bread
Soup of the Day: Lemon Egg Drop

Tuna Melt on Multigrain
BBQ Burger on Roll (or Plain) Or Veggie Burger

French Fries Cole Slaw
Yams Broccoli

Key Lime Pie Mandarin Oranges

WEDNESDAY

Petite Cobb Salad Soup of the Day: Butternut Squash

Stuffed Shells with Meat Sauce
Chef's Special

Garlic Bread Roasted Mixed Vegetables
Chef's Choice Chef's Choice

Congo Bars Tapioca Pudding

THURSDAY

Deviled Eggs Soup of the Day: Spinach Tortellini

Black Bean, Beef & Rice Stuffed Cabbage
Garlic Teriyaki Chicken Thigh

Parslied Potatoes Honey Dill Baby Carrots
Israeli Cous Cous Sautéed Mushrooms

Pumpkin Cake Bread Pudding

FRIDAY

Caesar Salad Soup of the Day: Garden Vegetable

Baked Scallops with Crumb Topping
Sausage Or Veggie Pizza

Au Gratin Potato Zucchini
Wild Rice California Blend Veggies
Broccoli, Carrots, Cauliflower

Choice Ice Cream Cup or Baker's Choice Cookies

SATURDAY

Mediterranean Chickpea Salad
Soup of the Day: Chicken & Shells

Clam Cakes with Tartar Sauce
Meatball Sub with Mozzarella Cheese

Waffle Fries French Cut Green Beans
Corn Cole Slaw

Blonde Brownies Chocolate Cherry Crumble

**All desserts have a Sugar-Free option & Ice Cream has Lactose-Free option

FALL WEEK 2 SUPPER CHOICES

SUNDAY

Mixed Greens Salad Soup of the Day: Minestrone

3 Cheese Lasagna
Sliced Roast Beef & Swiss on Roll with Bistro Sauce, Pickle & Chips

Green Beans Corn
Apple Slaw Garlic Bread

Mud Bars Butterscotch Pudding

MONDAY

Red Bean Salad with Feta & Peppers
Soup of the Day: Split Pea

Fruit & Cottage Cheese Plate
Sloppy Joe Sandwich

Sautéed Eggplant & Tomato Sweet Potato Fries
Summer Squash Pesto Pasta Salad

Boston Cream Pie Cherry Jell-O

TUESDAY

Asian Pot Stickers Soup of the Day: Lemon Egg Drop

Beer Battered Shrimp with Tartar Sauce
Sweet & Sour Chicken

Peas & Carrots Sautéed Bok Choy
White Rice Stir Fry Blend
Water Chestnut, Green Beans, Carrots, Pea Pods

Apple Crisp Baker's Choice Dessert

WEDNESDAY

Spanakopita Soup of the Day: Butternut Squash

Chicken Filet on a Bun with Lettuce, Tomato & Honey Mustard
Grilled Swiss & Tomato Sandwich with Pesto (or Plain) on Multigrain

Wax Beans w/ Red Pepper Mashed Potato
Parmesan Broccoli Baked Potato Wedges

Choice Ice Cream Cup Almond Cookies

THURSDAY

Spinach Olive Feta & Red Onion Salad
Soup of the Day: Spinach Tortellini

Chicken Curry
Open-Faced Pot Roast Sandwich with Gravy

Brussel Sprouts Peas
Carrots Raisin Salad Basmati Rice

Whoopie Pie Fruit Cocktail

FRIDAY

Fresh Fruit Cup Soup of the Day: Garden Vegetable

Western Omelet
Baked Haddock Florentine

Broccoli Potato Pancakes
Asparagus Croissant

Blueberry Shortcake Rice Pudding

SATURDAY

Petite Tossed Salad Soup of the Day: Chicken & Shells

Pork Roast Tenderloin with Gravy (or Plain)
Shepherd's Pie

Snap Peas Mashed Potato
Braised Cabbage Baked Sweet Potato

Apple Turnover Raspberry Jell-O

**All desserts have a Sugar-Free option & Ice Cream has Lactose-Free option