

WINTER WEEK 1 LUNCH CHOICES

SUNDAY

Crab Cakes with Roasted Garlic Aioli
Soup of the Day: Spinach & Tortellini

Seafood Newburg over Puff Pastry
Baked Herbed Chicken Thigh

Baked Sweet Potato
Mashed Potato

Harvard Beets
Cream Pearl Onions

Ice Cream Cup

Apple Pie

MONDAY

Petite Chef Salad Soup of the Day: Broccoli & Cheddar

Roast Pork Tenderloin with Apple Sauce & Gravy
Shrimp Scampi over Bowtie Pasta

Bowtie Pasta with Garlic Butter Green Beans
Apple Stuffing Capri Blend Vegetables
Zucchini, Squash, Carrot, Green Bean

Baker's Choice Dessert Pineapple Tidbits

TUESDAY

Petite Tossed Salad Soup of the Day: Chicken Noodle

Fried Haddock
Beef Stroganoff

French Fries Apple Slaw
Buttered Egg Noodles Cauliflower with Red Pepper

Almond Cookies Chocolate Pudding

WEDNESDAY

Red Bean Salad with Feta & Peppers
Soup of the Day: Cream of Tomato

Baked Salmon with Mango Salsa
Spaghetti & Meatballs Marinara

Spaghetti Pasta w/Butter or Marinara
Herbed Garlic Bread Asparagus
Fresh Spinach

Cranberry Cake Vanilla Custard

THURSDAY

Grapes Soup of the Day: Beef Barley

Boiled Corned Beef Dinner
Quiche Lorraine with Croissant

Turnip & Parsnip Green Cabbage
Boiled Potato Carrots

Peach Whip Oatmeal Cookies

FRIDAY

Petite Cobb Salad Soup of the Day: French Onion

Baked Haddock with Crumb Topping
Cheese or Hamburg & Onion Pizza

Rice Pilaf Braised Red Cabbage
Oven Browned Potato Green Beans Almandine

Choice Ice Cream Cup Blueberry Pie

SATURDAY

Petite Mixed Green Salad Soup of the Day: Fish Chowder

Grilled Ham Steak with Pineapple Ring
Turkey Stew

Peas Brussels Sprouts
Mashed Potato Fresh Broccoli

Raspberry Jell-O Apple Turnovers

Soup of the Day: Spinach & Tortellini

Roast Turkey with Gravy & Cranberry Sauce
Beef Stew

Rice Pilaf Cauliflower
Biscuit Fresh Broccoli

Orange Whip Tollhouse Cookies

MONDAY

Waldorf Salad Soup of the Day: Broccoli & Cheddar

Salisbury Steak with Gravy
Baked Scallops with Crumb Topping

Au Gratin Potatoes Fresh Zucchini in Garlic Oil
Peas & Onions Fresh Spinach

Carrot Cake Cherry Jell-O

TUESDAY

Fresh Fruit Cup Cottage Cheese
Soup of the Day: Chicken Noodle

Balsamic Glazed Chicken
BBQ Pulled Pork Sub with Cheddar Cheese

Rosemary Roasted Potatoes Veggie Kale Blend
Cucumber & Tomato Salad Sweet Potato Fries

Strawberry Shortcake Pear Crisp

WEDNESDAY

Seafood Stuffed Mushrooms
Soup of the Day: Cream of Tomato

Grilled Ham & Cheese or Grilled Cheese on Hearty White
Pot Roast with Gravy

Peas Carrots
Mashed Potato Summer Squash

Choice Ice Cream Cup Cream Horns

THURSDAY

Mediterranean Chickpea Salad
Soup of the Day: Beef Barley

Beef Tips
Coconut Shrimp

Parmesan Roasted Potato Wedges Wax Beans
Corn Fresh Broccoli

Blonde Brownie Pistachio Pudding

FRIDAY

Petite Chef Salad Soup of the Day: French Onion

Cranberry Walnut Chicken Salad Croissant with Lett & Tom
Lobster Macaroni & Cheese or Plain

Mashed Potato Stewed Tomatoes
Waffle Fries San Francisco Blend Veggies
Broccoli, Red Pepper, Green Beans, Yellow Carrot

Fruit Cocktail Baker's Choice Cookies

SATURDAY

Bacon Wrapped Scallops with Honey Mustard Dip
Soup of the Day: Fish Chowder

Meatloaf Gravy
Pesto Chicken Thigh

Brown Rice Roasted Veggies
Mashed Sweet Potato Pearl Onions

Coconut Cake Vanilla Pudding

WEEK 1: 12/19-12/25, 1/16-1/22, 2/13-2/19, 3/13- 3 /19

**All desserts have a Sugar-Free option &
all Ice Cream has Lactose-Free option

WINTER WEEK 1 SUPPER CHOICES

SUNDAY

Petite Mixed Green Salad