SUMMER WEEK 2 LUNCH CHOICES SUNDAY

Scallops Wrapped in Bacon

Soup of the Day: Spinach & Tortellini

Prime Rib Au Jus with Horseradish Cream

Shake & Bake Chicken with Gravy & Cranberry Sauce

Mushrooms & Onions Wild Grain Rice

Baked Potato & Sour Cream

4 Way Mixed Vegetables

Ice Cream Sundae Mud Bar

MONDAY

Waldorf Salad Soup of the Day: Cream of Mushroom

Baked Salmon with Soy Ginger Glaze

Sloppy Joe

Rosemary Red Potatoes

Corn O'Brien

Broccoli **Harvard Beets**

Butterscotch Pudding

Pear Pastry Square

TUESDAY

Shrimp Cocktail Soup of the Day: Italian Wedding

Roast Pork Tenderloin with Caramelized Onions

Grilled Chicken Caesar Salad

Parslied Potatoes Italian Bread

Zucchini Squash **Green Beans**

Chocolate Cream Pie Peaches

WEDNESDAY

Watermelon Feta Mint Salad Soup of the Day: Fish Chowder

All Beef Franks

Angus Beef Burger Or Veggie Burger

Pasta Salad **Grilled Eggplant**

French Fries Capri Blend Vegetables

Carrot, Zucchini, Squash, Green Beans

Assorted Novelty Ice Cream Selection

THURSDAY

Pigs in a Blanket Soup of the Day: French Onion

New England Corn Beef Dinner Lemon Pepper Chicken Thigh

Turnip

Boiled Potato

Carrots **Bread Pudding**

Spice Cake

Cabbage

FRIDAY Soup of the Day: Tomato

Red Bean, Feta & Pepper Salad **Baked Haddock with Lobster Sauce**

Cheese OR Hamburger, Pepper & Onion Pizza

Wild Rice

Pesto Pasta Salad

Cranberry Crisp

Congo Bar

SATURDAY

Fresh Fruit & Cottage Cheese Plate

Soup of the Day: Sweet Summer Corn

Spinach

Roast Brussel Sprouts

Snap Peas & Red Pepper

Pot Roast with Gravy

Ham Salad on Marble Rye

Mashed Potato Peas & Carrots

Zucchini & Tomato

Raspberry Jell-O **Boston Cream Pie**

> **All desserts have a Sugar-Free option & all Ice Cream has Lactose-Free option

SUMMER WEEK 2 SUPPER CHOICES SUNDAY

Soup of the Day: Spinach & Tortellini **Carrot Raisin Salad**

Baked Eggplant Parmesan Turkey Noodle Casserole

Dinner Rolls Roasted Vegetables

Bow Tie Pasta Marinara Fresh Green Beans in Garlic Oil

Orange Jell-O Blueberry Cake

MONDAY

Four Bean Salad Soup of the Day: Cream of Mushroom

Chef Salad: Turkey, Ham, Swiss & Egg

Spaghetti & Meatballs

Garlic Bread

Spinach

Macaroni Salad California Blend Vegetables

Broccoli, Carrot, Cauliflower **Lemon Lime Whip Macaroons**

TUESDAY

Feta Spinach Orange Olive Salad

Soup of the Day: Italian Wedding

Black Bean & Cheese Enchiladas

Cranberry Walnut Chicken Salad on a Croissant

Pickles & Chips Baked low fat & Salt-Free chips available

Spanish Rice **Apple Slaw Kettle Chips Asparagus**

Choice Ice Cream Cup Baker's Choice Dessert

<u>WEDNESDAY</u>

Soup of the Day: Fish Chowder **Crab Stuffed Mushrooms**

Baked Chicken Wings: Bleu Cheese or Ranch Dip **Beef & Rice Stuffed Peppers with Tomato Sauce Topping**

Potato & Egg Salad **Buttered Brussel Sprouts**

Baked Sweet Potato Onion Rings

Vanilla Pudding **Cream Cheese Brownie**

THURSDAY

Carrot & Celery Sticks with Ranch

Soup of the Day: French Onion

Grilled Ham Steak with Pineapple Ring Baked Scallops with Crumb Topping

Rice Pilaf

Mashed Potato

Honey Dill Baby Carrots

Pears **Apple Turnovers**

FRIDAY

Red Pepper Hummus & Naan Bread

Soup of the Day: Tomato

Sweet Potato Fries

Western Omelet

BBQ Grilled Chicken Breast

Summer Squash with Basil

Roasted Vegetables

Corn Muffin

Chocolate Pudding Angel Cake with Strawberries

SATURDAY

Shrimp Cocktail with Lemon

Soup of the Day: Sweet Summer Corn

Clam Cakes

Shredded Chicken Taco Salad Plate

French Fries Cole Slaw **Buttermilk Biscuit Sliced Carrots**

Choice Ice Cream Cup Baker's Choice Cookies

> **All desserts have a Sugar-Free option & all Ice Cream has Lactose-Free option