

Menu applies: OCTOBER 20TH – OCTOBER 26TH/NOVEMBER 17TH – NOVEMBER 23RD/DECEMBER 15TH – DECEMBER 21ST

FALL/WINTER WEEK 1 LUNCH CHOICES

SUNDAY

Chilled Shrimp Cocktail
Soup of the Day: Potato Leek

Yankee Pot Roast with Pea & Carrot Gravy
Balsamic Braised Chicken Breast

Mashed Potatoes Spinach
Red Beans & Rice Creamed Pearl Onions

Build Your Own Sundae M&M Cookies

MONDAY

Grapes Soup of the Day: Tomato

Meatloaf & Gravy
Chicken Cordon Bleu

Oven Browned Potatoes Baby Carrots
Peas Roasted Mushroom
Pepper & Onion

Baker's Choice Dessert Pineapple Tidbits

TUESDAY

Cucumber Tomato Mozzarella Pesto Salad
Soup of the Day: Thai Vegetable

Baked Cod with Lemon Wedge
Salisbury Steak

Mashed Sweet Potato Roasted Curry Cauliflower
Wild Rice Wax Beans w/ Red Pepper

Vanilla Custard Brownies

WEDNESDAY

Guacamole & Naan Soup of the Day: Veggie Chili

Cheese Enchiladas
Chef's Special

Spanish Rice Vegetable Ratatouille
Chef's Choice Chef's Choice

Strawberry Shortcake Ambrosia

THURSDAY

Fresh Fruit Cup
Soup of the Day: Turkey Harvest Vegetable

Corned Beef Dinner
Roast Pork Tenderloin

Turnip Cabbage
Boiled Potato Carrots

Crème Horn Cranberry Crisp

FRIDAY

Crackers & Cheese Soup of the Day: Italian Pasta & Chickpea

Grilled Shrimp Caesar Salad Plate
Pepperoni Or Cheese Pizza

Tater Tots Zucchini
Brown Rice Beets

Choice Ice Cream Cup Maple Walnut Cake

SATURDAY

Petite Chef Salad Soup of the Day: Corn Chowder

Franks & Beans with Red Relish
Roast Turkey with Gravy with Cranberry Sauce

Brown Bread Cole Slaw
Mashed Sweet Potato Roasted Carrots

Cherry Pie Chocolate Pudding

FALL/WINTER WEEK 1 SUPPER CHOICES

SUNDAY

Spinach Mushroom Orange Salad
Soup of the Day: Potato Leek

Beef Stuffed Bell Peppers
Tuna Salad Plate

Sweet Potato Fries Beets
Brown Rice Green Beans

Apple Pie Vanilla Pudding

MONDAY

Red Bean Salad with Feta & Peppers
Soup of the Day: Tomato

Vegetable Lasagna
Fried Haddock with Tartar Sauce

Spinach French Fries
Cole Slaw Buttered Corn

Carrot Cake Orange Jell-O

TUESDAY

Petite Cobb Salad Soup of the Day: Thai Vegetable

Baked Macaroni & Cheese
Grilled Ham Steak with Pineapple Ring

Stewed Tomatoes Turnip
Mushrooms with Thyme & Garlic Butternut Squash

Blueberry Turnover Pears

WEDNESDAY

Carrot & Raisin Salad Soup of the Day: Veggie Chili

Blackened Haddock
Shake & Bake Chicken w/Gravy & Cranberry Sauce

Asparagus Parslied Potatoes
Capri Blend Vegetables Stuffing
Carrot, Zucchini, Summer Squash, Green Beans

Choice Ice Cream Cup Pumpkin Nut Cookies

THURSDAY

Petite Tossed Salad
Soup of the Day: Turkey Harvest Vegetable

Seafood Alfredo
Cranberry Walnut Chicken Salad on a Croissant

Brussel Sprouts Penne Pasta Butter or Alfredo
Broccoli with Lemon Garlic Bread

Banana Chocolate Chip Bars Pistachio Pudding

FRIDAY

Kale Slaw Soup of the Day: Italian Pasta & Chickpea

Spinach, Broccoli, Swiss Quiche
Barbeque Chicken Thigh

Green Beans Hash Brown Patty
Cauliflower w/Red Pepper Cheddar & Herb Biscuit

Baker's Choice Cookies Apple Sauce

SATURDAY

Quinoa Salad Soup of the Day: Corn Chowder

Chicken Nuggets with Dipping Sauce
Spaghetti & Meatballs

Spaghetti Squash Potato Salad
Broccoli Dinner Roll

Lemon Jell-O Raspberry Bismarck

**All Desserts have a Sugar-Free option
**All Ice Cream has Lactose-Free option

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