

**WINTER/SPRING WEEK 1 LUNCH CHOICES**

**SUNDAY**

Crab Cakes with Roasted Garlic Aioli  
Soup of the Day: Roasted Pumpkin & Coconut

Seafood Newburg over Puff Pastry  
Baked Herbed Chicken Thigh

Baked Sweet Potato  
Mashed Potato

Harvard Beets  
Cream Pearl Onions

Ice Cream Cup

Apple Pie

**MONDAY**

Petite Chef Salad    Soup of the Day: Broccoli & Cheddar

Roast Pork Tenderloin with Apple Sauce & Gravy  
Shrimp Scampi over Bowtie Pasta

Bowtie Pasta with Garlic Butter    Green Beans  
Apple Stuffing                          Capri Blend Vegetables  
*Zucchini, Squash, Carrot, Green Bean*

Baker's Choice Dessert                  Pineapple Tidbits

**TUESDAY**

Petite Tossed Salad                          Soup of the Day: Chicken Noodle

Fried Haddock  
Sloppy Joe Sandwich

French Fries                                  Broccoli Slaw  
Buttered Egg Noodles                      Cauliflower with Red Pepper

Almond Cookies                                  Chocolate Pudding

**WEDNESDAY**

Red Bean Salad with Feta & Peppers  
Soup of the Day: French Onion

Baked Salmon with Mango Salsa  
Spaghetti & Meatballs Marinara

Spaghetti Pasta w/Butter or Marinara  
Herbed Garlic Bread                          Asparagus  
Fresh Spinach

Cranberry Cake                                  Vanilla Custard

**THURSDAY**

Grapes    Soup of the Day: Vegetable Barley

Boiled Corned Beef Dinner  
Chicken Tender Salad Plate

Turnip & Parsnip                                  Green Cabbage  
Boiled Potato                                      Carrots

Peach Mango Whip                                  Oatmeal Cookies

**FRIDAY**

Petite Cobb Salad                                  Soup of the Day: Tomato

Baked Haddock with Crumb Topping  
Asparagus & Caramelized Onion Quiche

Rice Pilaf    Braised Red Cabbage  
Oven Browned Potato                          Green Beans Almandine

Choice Ice Cream Cup                                  Blueberry Pie

**SATURDAY**

Petite Mixed Green Salad    Soup of the Day: Fish Chowder

Grilled Ham Steak with Pineapple Ring  
Turkey Stew

Peas    Brussels Sprouts  
Baked Potato Wedges                          Broccoli

Raspberry Jell-O                                  Apple Turnovers

**WINTER/SPRING WEEK 1 SUPPER CHOICES**

**SUNDAY**

Petite Mixed Green Salad  
Soup of the Day: Roasted Pumpkin & Coconut

Roast Turkey with Gravy & Cranberry Sauce  
Beef Stew with a Biscuit

Rice Pilaf    Cauliflower  
Baked Potato                                      Fresh Broccoli

Orange Whip    Tollhouse Cookies

**MONDAY**

Waldorf Salad                                  Soup of the Day: Broccoli & Cheddar

Ground Beef Taco Salad Plate  
Baked Scallops with Crumb Topping

Mashed Potatoes                                  Zucchini in Garlic Oil  
Peas & Red Onion                                  Spinach

Carrot Cake    Cherry Jell-O

**TUESDAY**

Fresh Fruit Cup    Cottage Cheese  
Soup of the Day: Chicken Noodle

Garlic Sesame Chicken Breast  
BBQ Ribs

Rosemary Roasted Potatoes                  Veggie Kale Blend  
Cucumber & Tomato Salad                  Sweet Potato Fries

Strawberry Shortcake                                  Pear Crisp

**WEDNESDAY**

Seafood Stuffed Mushrooms  
Soup of the Day: French Onion

Chicken Pot Pie  
Pot Roast with Gravy

Peas & Corn    Carrots  
Mashed Potato                                      Summer Squash

Choice Ice Cream Cup                                  Cream Horns

**THURSDAY**

Mediterranean Chickpea Salad  
Soup of the Day: Vegetable Barley

Beef Medallions  
Coconut Shrimp

Parmesan Roasted Potato Wedges              Wax Beans  
Roasted Harvest Vegetables                      Broccoli

Blonde Brownie    Pistachio Pudding

**FRIDAY**

Petite Greek Salad                                  Soup of the Day: Tomato

Cranberry Walnut Chicken Salad  
Croissant with Lett & Tom  
Lobster Macaroni & Cheese or Plain

Apple Slaw    Stewed Tomatoes  
Waffle Fries    San Francisco Blend Veggies  
*Broccoli, Red Pepper, Green Beans, Yellow Carrot*

Fruit Cocktail    Baker's Choice Cookies

**SATURDAY**

Bacon Wrapped Scallops with Honey Mustard Dip  
Soup of the Day: Fish Chowder

Meatloaf with Gravy  
Pesto Chicken Thigh

Mashed Potato    Roasted Veggies  
Baked Sweet Potato                                  Parsnips

Coconut Cake    Vanilla Pudding

\*\*All desserts have a Sugar-Free option &  
all Ice Cream has Lactose-Free option

**WEEK 1: 2/9-2/15, 3/9-3/15, 4/6-4/12, 5/4-5/10**